



Club Bulletin
Editor : Rajvi Bharad
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GREATER

YEAR 2022/2023

T**IMES**

WEEKLY NEWS LETTER OF ROTARY CLUB OF RAJKOT GREATER

President

Rtn Kunal Ashok Mehta

Secretary

Rtn Apoorva Modi

RI President

Jennifer Jones

District governor

Rtn Shrikant Indani

RI. District : 3060 | Year : 2022 – 2023

Club Number : 24912

Chartered : August 26, 1987


36
YEARS IN SERVICE
TO HUMANITY

Vice President
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Joint Secretary
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Imm. Past President
Rtn. Paresh Kalavadia
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President Elect
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Treasurer
Rtn. Aashish Joshi
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MSP Director
Rtn. Kalpesh Bagdai
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Comm. Service Director
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Vocational Director
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International Director
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Youth Director
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Club Director
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Club Communications
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Seargent At Arms
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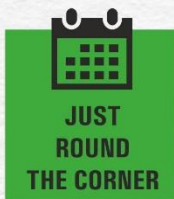
CIRCULAR **7**



Programme : Safarjan-Naatak
Date : 6th September, Tuesday
Time : 09.45 pm Onwards
Venue : Hemu Gadhvi Natyagruha



Programme : Nation Builders Awards
Date : 8th September, Thursday
Time : 08.00 pm Onwards
Menu : Dinner
Venue : D. P. Doshi Rotary Greater Auditorium
Invitee : Rotarians, Anns and Annets



6th Sept : Safarjan-Naatak
8th Sept : Nation Builders Awards
15th Sept : AG Visit
26th-29th Sept : Greater Garba Nights



2 nd Sept	: Ann. Falguni Bhavesh Vegada	9824234211
4 th Sept	: Ann. Mayuri Chandresh Tratiya	6353738273
6 th Sept	: Ann. Mital Ashwin Vasani	9712197192
6 th Sept	: Ann. Pankita Maulik Shah	9979961029
8 th Sept	: Ann. Deval Kushal Mehta	8866105817



7th Sept : Rtn. Rushit and Grishma Nathwani
Rtn: 9898944453
Ann: 9722504099

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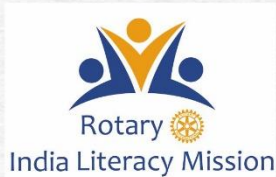
UPCOMING

Nation Builders Awards

8th September, Thursday

This year on **International Literacy Day**, RCRG has decided to acknowledge the efforts of teachers in various **government or government aided schools**, who have shown exceptional **innovation skills** and **inspired** a huge number of students through their teaching. They will be felicitated with the "**Nation Builder Award**" on

8th September, Thursday. One major component of the Teacher Support vertical of **Rotary India Literacy Mission's T-E-A-C-H** program is recognizing outstanding teachers through the "**Nation Builder Award**". So far, **23,502 teachers** have been felicitated by RILM for their enormous contribution towards the **enhancement of quality education**.



MEETING

Review

Charter Day Celebration

- The **36th Charter Day** of RCRG was celebrated on **26th August** in a grand way at Rotary Bhavan.
- The meeting was called to order by **President Rtn. Kunal Ashok Mehta**. The Rotary Prayer was recited by **Rtn. Mahendra Kakkad** followed by Secretarial Announcements by **Rtn. Apoorva Modi**.
- A brief about the **Project of Donation of DexaScan Machine** was given by **Rtn. Sarju Patel**. A quick brief of the Monthly Projects was given by **Rtn. Apoorva Modi - Project Chhatra (July)**, **Rtn. Rushit Nathwani - Project Vision (August)** & **Rtn. Aashish Joshi - Fund Raiser Project - Gujarati Play "Safarjan" (September)**.
- The celebrations were unique with many **Rotarians and Anns** sharing their **happy & funny moments in RCRG**. The experiences shared by all of them were so interesting that everyone who attended the meeting had the biggest smiles on their faces.
- The meeting ended with a **Cake Cutting** while rejoicing fellowship.

■ RTN. APOORVA MODI

Member Scrutiny/Devt Chair
PP Rtn. Dr Ketan Bavishi
PP Rtn. Darshan Lakhani

Global Grant Chair
Rtn. Manish Patel

Fundraising Chair
PP Rtn. Amit Raja

The Rotary Foundation Chair
PP Rtn. Sarju Patel

Literacy Chair
PP Rtn. Ashwin Lodhiya

Club Trainer Chair
PP Rtn. Dr. Yogesh Mehta

Women/Child Development Chair
Ann. Dr. Ami Mehta
Rtn. Ishita Chhotai
Ann. Nivetha Amlani
Rtn. Vishma Panchasra

Health/Medical Chair
Rtn. Dr. Rupesh Mehta
Rtn. Dr. Nidhi Jhala
Rtn. Dr. Jigar Patel

Public Image Chair
Rtn. Jaydev Shah

Bhavan Chair
Rtn. Dhruv Kakkad

Interact Club Chair
Rtn. Killol Karia

Skin Bank Chair
PP Rtn. Yash Rathod
Rtn. Ravi Chhotai

District Conference Chair
PP Rtn. Mehul Nathvani



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PROJECT *Review*

Project Vision

- On Monday, 29th August, Rotary Club of Rajkot Greater organised a **Free Super Mega Eye Check Up and Cataract Operation Camp** at **Jabalpur** village in collaboration with **Shri Ranchhoddasji Bapu Charitable Hospital, Rajkot**.



- More than **200 patients** from Jabalpur and nearby villages were benefited from this camp.
- 19 patients** who required surgery were brought to Rajkot same day evening. They underwent a minor surgery on **30th August, Tuesday**.

- All the 19 patients were provided **free food, accommodation, medicines, black glasses, and eye drops**. On **Wednesday, 31st August** they were dropped back at camp site in Jabalpur
- Along with **Project Chair Rtn. Rushit Nathwani**, Club President **Rtn. Kunal Ashok Mehta** and Hon. Secretary **Rtn. Apoorva Modi** members of RCRG **Rtn. Jaydev Shah, Rtn. Nilesh Bhojani, Rtn. Jaydeep Vadher, Rtn. Anup Joshi, Rtn. Kalpesh Bagdai, Rtn. Killol Karia, Rtn. Ankoor Sanghvi** and **Rtn. Ravi Chhotai** made the project a huge success.



RTN. ASHISH JOSHI
Treasurer

ONE MONTH
ONE BOARD MEMBER

One Project

Charity Show – Safarjan – Naatak

RCRG wants to start a **General Clinic** for routine checkup for the needy section of the city where **allopathic, ayurvedic and homeopathic** treatment can be provided under one roof. To give the project the required mileage, a **Charity Show** of the drama **Safarjan** has been on **6th Septmeber, Tuesday** at **Hemu Gadhvi Natyagruha** from **9.45 pm** onwards. The **bold storyline, grand sets, beautiful music and attractive lighting** of this brilliant drama makes it a must watch.

The passes are available at Hemu Gadhvi Hall. You can even contact me on **9426900500**.

I along with the Club President **Rtn. Kunal Ashok Metha** and **Hon. Secretary Rtn Apoorva Modi** request all the club members to please **watch the drama** and **contribute** to the noble charity event. I want to thank **Rtn Nilesh Bhojani, Rtn. Ravi Chhotai, Rtn. Jaydeep Vadher, Rtn. Jaydev Shah, Rtn. Rajesh Parsana** and **Rtn. Kalpesh Bagdai** for their constant support.

IN CONVERSATION WITH RTN. ASHISH JOSHI

1 Spouse Name : Ann. Hetal Joshi **Children's Names :** Annet Rishita Joshi

2 What is your current Profession and what is the name of your Company?
I have a business of Flexible Packaging and Printing called Ashutosh Enterprise.

3 What gives your life meaning?
I believe that every day is a new learning experience and learning new thing is what keeps me going everyday

4 What is the one skill that you wish to master in the coming years?
I wish to learn to work in such a manner that everybody understands my capability without me having to speak about it.



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5 **What is a piece of advice that you would like to give to the younger generation?**

Being Tech savvy is a good but learn to meet people in real life, it will help you form stronger relations, personal or professional

6 **What big or small lifestyle change have you been meaning to make this year?**

To make a proper schedule for my daily life and to regularly follow it

7 **What is the one thing that you always want to be remembered for?**

I want people to remember me as someone who connects people to one another

8 **Which is the most used app on your phone?**

Banking Apps, Facebook and Whatsapp

9 **Whose is the most dialed number on your phone presently?**

Recently Rtn. Kunal Ashok Mehta and Rtn Amit Raja for my fundraiser

10 **Who is your biggest influence in RCRG and why?**

In senior members I feel Rtn. Darshan Lakhani, Rtn Sarju Patel and Rtn Amit Raja give the most non-controversial contribution to RCRG. In new members it is Rtn Nilesh Bhojani and Rtn Jaydev Shah.

11 **If you could make one Rule in Rotary that everyone must follow, what would it be?**

RSVP for every meeting should be a must and the Official group of RCRG should be given due importance.

12 **What is the one thing that you wish to achieve for RCRG this year?**

Regular Accounts and Audit Reports should be completed on time and made available to all members.

CLUB *News*

RCRG wishes the following members heartiest congratulations and best wishes:

- **Annet Hitarth Amit Raja** has passed his BA LLB (Hons) from O. P. Jindal Global Law University. He was also awarded with Dean's Award for Outstanding Contribution to Social/Community Engagement.
- **Annet Sahil Darshan Lakhani** with his UBC team became National Champion in Lawn Tennis in Canada
- **Annet Ayushi Nilesh Sheth** got engaged to Aman Ashwin Sardana in New York
- **Annet Rishita Aashish Joshi** cleared her French B1 exams with 71%
- **Rtn. Karan and Ann. Charmi Shah** welcomed a baby boy on 25th August 2022.



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NAYE

Rishte

RTN. DR. NIYATI BHALANI

My name is Dr Niyati Bhalani, a **Nephrologist and Kidney Transplant Physician** by profession. I am the **first female Nephrologist of Saurashtra**, currently working at **Synergy Super-speciality Hospital**. I have completed my MBBS and MD in Internal Medicine with Gold medal from BJ Medical College and Civil Hospital in Ahmedabad. I have completed my Super-speciality in Nephrology and Kidney Transplant Medicine from Medanta the Medicity in Delhi NCR. I have a keen interest in **spreading organ donation awareness** in the society. I enjoy **cooking, trying new cuisines** and **reading non-fiction books**.

My husband **Dr Pratik Bhadaja** is an **Obstetrician and Gynecologist**. He is the Director at **Naari Women's Hospital Rajkot** and a Consultant at **Viral Multispeciality Hospital**, Rajkot. He has completed his MBBS from BJ medical College and Gynaecology from JN Medical College in Belgaum. He has done his Diploma in Advanced Gynec Laparoscopy from CICE France. His main area of focus is **High risk obstetrics**. He is also an **avid reader**.

FROM WHERE I

Stand



International Literacy Day

8th September 2022, Thursday

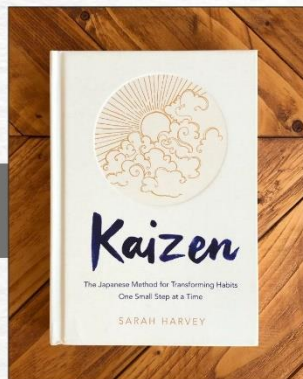
- Since its declaration by **UNESCO** in **1967**, **International Literacy Day (ILD)** is being celebrated globally to highlight the **importance of literacy to individuals, communities and societies**.
- This year's International Literacy Day will be celebrated worldwide under the theme, **"Transforming Literacy Learning Spaces"** and will be an opportunity to rethink the fundamental importance of literacy learning spaces to build resilience and ensure quality, equitable, and inclusive education for all.
- Literacy in simple words is the **ability to read, write, speak and listen** in a manner that lets us **communicate effectively** and **make sense of the world**. But around **773 million** young people and adults around the world are **not literate**. Shocking, right!
- India is burdened with **high rates of poverty, unemployment and gender inequality** among other pressing issues. To eliminate these concerns and for the overall growth and upliftment, India needs to **focus on creating a literate society**. Literacy is also important to **ensure dignity** and to **uphold human rights**.
- On this day, let us look at some ways in which we as individuals can **contribute in improving the literacy in India**:
 - Encourage women around you to study
 - Motivate children to learn the mother tongue
 - Foster love for reading
 - Use technology to generate an interest in education
 - Volunteer to teach underprivileged kids and adults in your area
 - Start at home, empower your care takers, maids, cooks, drivers, etc
 - Volunteer at government schools near you



YOU Critic

Kaizen

The Japanese Method for Transforming Habits, One Small Step at a Time



ANN. DR. PALAK RATHOD

In recent years, many old philosophies from around the world have been reintroduced to help people around the world live better lives. **Japanese Ikigai**, **Danish Hygge**, **Finnish Sisu**, etc have become known terms. I was introduced to one such age old philosophy of **Kaizen** through the book **Kaizen: The Japanese Method for Transforming Habits, One Small Step at a Time** by author Sarah Harvey.

Kaizen is a Japanese term that loosely translates to **change for the better** or **continuous improvement**. Another way to describe it is **slow, tiny, consistent movement forward**. Although Kaizen began as a management theory in Japan, this principle is now part of all areas of life. The main focus of this theory is to have **patience** and to **shape solutions for yourself** rather than following others. It emphasis on **mindful** and **positive changes** to slowly improve different aspects of your life without feeling too critical about yourself or feeling to overwhelmed by the challenges.

The beautifully colour illustrated and photographed book is filled with dozens of practical and useful life-improving ideas rooted in Kaizen. The flow of the book is very simple and is divided into **Health, Work, Money, Home, Relationships, and Habits**, which basically covers most aspects of life. The contents are independent enough that the reader can jump right into different chapters to focus on the facets of life that they specifically want to improve. Instead of going through the book in one sitting, it is best to read the parts that are you're interested in.

These are the **3 most memorable lessons** I got out of this book:

- Kaizen encourages **incremental growth**, and it begins with evaluating your habits.
- To reach the **big goals** in life one should start with such **small steps** that you barely notice any difference.
- **Track your progress** by reviewing your habits regularly.

If you wish to make any small or big change in your life, this book is just the right place to start.



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